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|  | **Coastal Districts Athletic & Community Club** |  |

# Athlete’s Agreement 2017/2018

Athlete’s Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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| ***Our aim is to create a reputation for the Coastal Districts Athletic & Community Club for outstanding sportsmanship and conducting ourselves in a professional manner. We will be representing our club, our state, the Athletic community, our families and ourselves.*** |

We recognise and appreciate the depth and quality of our preparation, the hard and smart work that we have performed. We take great pride in the effect it has had on us – we are healthy, athletic and ready to perform.

We concentrate fully on the task at hand and execute our skills in a highly proficient way. We respond positively to meeting challenges. Our desire to improve will be strong, we achieve this by racing and training hard and smart. We strive to be as good as we can be, to perform as well as we can.

**Competition Expectations**

* Contribute to the team goals by performing my role to the best of my ability
* Conduct myself in a manner that will only bring praise to the Coastal Districts Athletic Club
* Abide by the rules of the competition
* Follow the rules and instructions of my Coaches or nominated member
* Give my teammates, opponents and officials the respect and assistance that they deserve
* Celebrate our efforts, performances, results and wins with each other, our Coaches and our support people.

I agree to abide by the above policy and expectations, and understand that only the highest level of performance and behaviour will be accepted by the club organisers.

Athlete’s Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Parent/Guardian's Signature (If under 16 years old): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_